

General Information | Impact With... | **During Impact** | During Impact Con.

- Seat Belt: Yes No
- Airbag Deployed: Yes No
- Head-Rest: Low Mid High None
- Seat Back Position Change: Yes No
- Brakes Applied: Yes No
- Seat Broken: Yes No

Prepare For Accident:

- Unexpected Expected Expected And Braced

Body Position:

- Straight Rotated Left Rotated Right
- Unsure Other:

Body Thrown from seat: Yes No

Direction:

- Backwards Forward Outside
- Unsure Other:

General Information | Impact With... | During Impact | **During Impact Con.**

- Head Position: Straight Rotated Left Rotated Right
- Forward Unsure
- Other:

- Head Motion: Forward/Backwards Backwards/Forward
- Right/Left Left/Right Unsure
- Other:

Body Impact:

- Head
- Left Shoulder Right Shoulder
- Left Arm Right Arm
- Left Elbow Right Elbow
- Left Hand Right Hand
- Upper Front Torso Mid-Torso Lower Front Torso
- Upper Back Mid-Back Lower Back
- Left Leg Right Knee Right Foot
- Right Leg Left Knee Left Foot

Other:

After Accident **Medical Care**

Immediately after accident

dizzy/dazed upset weak nervous

Headaches disoriented unconscious

Other

Pain:

Head

Neck Left Shoulder Right Shoulder

Left Hand Right Hand Left Arm

Right Arm Left Elbow Right Elbow

Upper Front Torso Mid Torso Lower Front Torso

Upper Back Mid-Back Lower Back

Left Leg Right Leg Left Knee

Left Foot Right Foot Right Knee

Other

Numbness:

Left Hand Right Hand Left Leg Right Leg

Left Upper Arm Right Upper Arm Left Foot Right Foot

Other

After Accident **Medical Care**

Medical Care: Yes No

Time of Care: Next day At time of accident

Later that day

Days later

Transported: Drove self Ambulance

Other

Went to: Orthopedic Chiropractor Neurologist

Family Doc ER

Other

Admitted to hospital? Yes No Days spent:

Tests: X-Rays Lab Work MRI CT Scan

Other

Treatment: Ice Packs Hot Packs None

Cervical Collar Medication

Other

Any previous injuries / accidents? (If yes, please list):

Any residual pain from the previous injuries / accident? (If yes, please list):

Head

- Headaches Loss of memory Light headedness
- Fainting Blurred vision Double vision
- Dizziness Pain in ear Loss of vision

Other:

Neck

Neck pain with movement

- Pain in Neck Forward Backward Turn Left
- Muscle spasms Turn Right Bend Left Bend Right
- Popping in neck Other:

Other:

Shoulders

- Pain in the shoulder joint Can't raise arms:
- Pain across the shoulder Above Shoulder level
- Tension in shoulders Over head
- Muscle spasms in shoulder

Other:

Mid Back

- Sharp stabbing Mid back pain Pain from front to back
- Dull ache Muscle spasms Pain between blades
- Pain in kidney area Other:

Other:

Lower Back

- Low back pain Muscle spasms in lower back

Low back pain is worse when:

- Working Lifting Stooping Standing
- Sitting Bending Coughing Lying Down

Other:

Hip, Legs, and Feet:

- Pain in buttocks Pins and needles in legs Pain down leg
- Pain in hip joint Feet feeling cold Swollen feet
- Numbness of toes Numbness of leg Knee pain
- Leg cramps Cramps in feet

Other:

Arms and Hands

- Pain in fingers
- Pins and needles in hand
- Pins and needles in finger
- Swollen joints in finger
- Numbness in left arm
- Numbness in right arm
- Cold Hands
- Loss of grip strength

Other:

Chest

- Chest pain
- Pain around ribs
- Shortness of breath
- Breast pain

Other:

Abdomen

- Nervous stomach
- Gas
- Nausea
- Constipation
- Diarrhea

Other:

General

- Nervousness
- Irritable
- Generally feel run down
- Difficulty urinating
- Cramping
- Fatigue
- Depressed
- Prostate pain/swelling
- Night urination problems
- Irregularity

Loss of sleep hrs per night

Loss of weight lbs

Gain weight lbs

Other: